

# Walk in the light

Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

(James 5:16)



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## Walk in the light

The people who walked in darkness have seen **a great light**; those who dwelt in a land of deep darkness, on them has light shone. (Isa 9:2)

The people dwelling in darkness have seen **a great light**, and for those dwelling in the region and shadow of death, on them a light has dawned." (Mat 4:16)

As I was on my way and drew near to Damascus, about noon **a great light** from heaven suddenly shone around me. (Act 22:6)

What happens to the one who becomes a disciple of Christ Jesus? He receives the light of Christ in his life. We, His disciples, walked once in darkness until the time we saw the "great light". That light shone brightness into our minds and then we were able to see who we really were. Until that moment we were haughty, proud and arrogant. We thought that we were the center of the universe and everything and everyone would revolved around us. In our minds, because we knew how to do "two or three math calculations", we considered ourselves smart, wise and we did need nobody. We were owners of our own nose, of our own lives, of our own counsel, of our own destiny. We were independent - walking in darkness. Despite of not knowing, "dwelt in the region and shadow of death". And was from there that we saw the "great light", and this light shone upon us.



The people who walked in darkness have seen a great light.

He has delivered us from the domain of **darkness** and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins. (Col 1:13-14)

For at one time you were darkness, but now **you are light in the Lord**. Walk as children of light (for the fruit of light is found in all that is good and right and true), and try to discern what is pleasing to the Lord. (Eph 5:8-10)

And if Jesus is light...

## Walk in the light is walk in Jesus

But whoever keeps his word, in him truly the love of God is perfected. By this we may know that we are in him: whoever says he abides in him ought to walk in the same way in which he walked. (1Jo 2:5-6)

To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. (Col 1:27)

To walk in darkness is carnal, but to walk in the light is spiritual. The one who walks in Christ will desire to walk in the light, since there is no communion between light and darkness.

The heart of the disciple has a desire for walking in the light, because he desires to be in communion with Christ.

To look unto Jesus drive us to the light, for He is the light.

What hope do we have to walk in the light other than “Christ in us is the hope of glory”?

## The danger of walk in darkness

### What are the consequences to conceal the sin?

Some are afraid of bring his life into the light, nevertheless the most damage is found when sin is hidden. When the sin is concealed is when the damage is real.

#### a) Guilty

We call it **bad conscience**. It hit us hard every time we are before God or before the brothers. The bad conscience – to know that something is hidden, that there is something inside of us that no one knows. God does not want it to be concealed, but I keep it locked inside of myself. Those who insist on that, become hypocrites and make shipwreck of their faith. (1Ti 1:5,19; 3:9; Pro 28:13)

The aim of our charge is love that issues from a pure heart and a **good conscience** and a sincere faith. (1Ti 1:5)

## b) Physical disease

For when I kept silent, my bones wasted away through my groaning all day long. (Psa 32:3)

Trust in the Lord with **all** your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he **will make straight** your paths. Be not wise in your own eyes; fear the Lord, and **turn away from evil**. It will be **healing** to your flesh and **refreshment** to your bones. (Pro 3:5-8)

Obs: There are diseases not related to hidden sin.

## c) Will always be a failure

Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy. (Pro 28:13)

## d) The communion with God and Christ's body is broken

If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. (1Jo 1:6-7)

## What is to walk in the light?

Walk in the light is to become clearly seen, become known, show yourself as you are.

Walk in the light is to confess, tell the truth and take responsibility for your actions.

When man is reached by the light of Christ, he is faced against his own image, with what he really is. When that happens, he tends to three basic attitudes:

- . He hides the sin;
- . He disguises, treating it superficially;
- . He confesses, bringing it into the light.

a) Hiding sin

No one who practices deceit shall dwell in my house; no one who utters lies shall continue before my eyes.  
(Psa 101:7)

That is the first reaction that every man has when facing error, facing sin.

This reaction happens instinctively and was what has done:

- Adam - Gen 3:9-11 - "I was afraid and I hid myself";
- Cain - Gen 4:8-10 - (hid);
- Achan - Jos 7:1,10-11;
- David - 2Sa 11:12;
- Ananias and Sapphira - Act 5:1-11 (hid).

From whom we hide?

The questions then come up: From whom we hide? From God?

Examples:

Adam Gen 3:9-11	<b>God Asks</b>	<b>We Ask</b>
	<i>Where are you?</i>	Was not God seeing?
	<i>Who told you?</i>	Did not God see?
	<i>Have you eaten?</i>	Did not God know?

Cain Gen 4:9-10	<b>God Asks</b>	<b>We Ask</b>
	<i>Where is your brother?</i>	Did not God know?
	<i>What have you done?</i>	



Achan Jos 7:11-15	<b>God says to man</b>	<b>We Ask</b>
	<i>v. 11: Israel has sinned... put them among their own belongings.</i>  <i>v. 13: There are devoted things in your midst.</i>	Did not God know where was it?  Did not God know who was it?

David 2Sa 12:1-7	<b>God says to man</b>	<b>We Ask</b>
	<i>And THE LORD sent Nathan to David... to ask about a lamb</i>	Did not God know what David had done? Who showed Nathan that?

Ananias and Sapphira Act 5:1-11	<b>God says to man</b>	<b>We Ask</b>
	<i>Peter asks the price of the property.</i>	Did not God know the value?

Why is asking God when He knows already everything? Why God does that? Did God know or not? God always gives us an opportunity for our own confession, before uncover us, before reveal our sin.

For sure God knew about all and everything, still the Lord was introducing a healing principle to men - the confession, walk in the light, transparency and repent. God gives men all the opportunities until, Himself, give men away and his sin through words of wisdom, dreams and etc. If you do not speak He will reveal it. God brings into the light, for in His house there might be no darkness. God knows if sin remains hidden within men will cause a terrible damage, the lost communion with Him.

No one who practices deceit shall dwell in my house; no one who utters lies shall continue before my eyes.  
(Psa 101:7)

The question was:	<b>Of whom we hide?</b>
The answer is:	<b>Of one another.</b>

b) We treat it superficially

Many of us have heard the word about “the digging”, open deep trench (Luk 6:46-49), and have been treating this subject superficially. Acting exactly in the same way as the man who built his house on sand. Therefore, as the man in this scripture, he does not want to have the trouble of digging, of open a deep trench. Would be maybe willing to dig it, but not to the bottom of it.

Attitude of superficiality:

1. We transfer our guilt

That is really old – Adam blamed God and the woman, and Eve blamed the serpent. We are always looking for something or someone that would take our blame (Heb 4:13).

For we must all appear before the judgment seat of Christ, so that each one may receive what is due for what he has done in the body, whether good or evil. (2Co 5:10)

2. We justify sin

We are able to extensively explain the circumstances and factors that had influence on it.

What are we trying to say? That sin was almost inevitable? (1Co 10:12-13; Heb 2:14-18; 4:13-16).

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. (1Co 10:13)

### 3. We rationalize sin

Many people affirm that the guilt feeling was conditioned through religion and by eliminating religion we can solve the guilt.

Nowadays, many have eliminated religion, but the conflicts and perturbations have yet grown.

### 4. We resort to quick escapes

Many of people seek for distraction. They get a busy schedule, programs and entertainment to avoid the conflictive internal reality.

### 5. We attack the effects of sin with medication

Tranquilizers usage.

Beloved, the cure is in the confession, in walk in the light. The Holy Spirit is giving us great opportunity to adjust our lives up to where we are now. The darkness is the kingdom of Satan, we must have nothing of it within us.

OBS: There are diseases not related to hidden sin.

### c) Confessing our sins

To read: 1Jo 1:5-9; Eph 5:8-14; Joh 3:19-21.

These texts speak of confession, to reveal what is hidden, concealed in the shadows. In other words, to become visible.

Hence, when the scriptures tells us to confess it is to be done one to another.

So we can walk in the light and have fellowship with one another.

Always when we observe people getting apart, hiding or full of excuses, it produces in us concern, because we know there is some problem in that heart. However, the Lord reveals, bringing into the light all that is hidden or concealed.

Therefore do not pronounce judgment before the time, before the Lord comes, **who will bring to light the things now hidden in darkness** and will disclose the purposes of the heart. Then each one will receive his commendation from God. (1Co 4:5)

Always when we confess, God will treat us accordingly to his mercy and not to our sin, but with judgement to the one who hides.

Deal with your servant according to your steadfast love, and teach me your statutes. (Psa 119:124)

He does not deal with us according to our sins, nor repay us according to our iniquities. (Psa 103:10)

## 1. What is to confess?

To Confess is to say with conviction and repent: "I have sin... I sinned. It is different from tell, once a confession is always accompanied by repent. Additionally, different from tell what happened. It involves the repentance, the humiliation and to declare, with all the clarity, what it is sin.

Why do you call me 'Lord, Lord,' and not do what I tell you? Everyone who comes to me and hears my words and does them, I will show you what he is like: he is like a man building a house, **who dug deep and laid the foundation on the rock**. And when a flood arose, the stream broke against that house and could not shake it, because it had been well built. But the one who hears and does not do them is like a man who built a house on the ground without a foundation. When the stream broke against it, immediately it fell, and the ruin of that house was great. (Luk 6:46-49)

How many of us came to the Lord? How many heard the Lord? How many are doing what the Lord has told us to do? Everyone who hear it and do it, He says, are like the wise man that laid the foundation onto the rock, Jesus. Thus, if you want to have a solid foundation to dig a deep trench is needed.

What do we have to dig? Everything inside us that is sin. Everything that comes from my own will, but not from the Lord's must be removed and casted away until the rock be found and the foundation be laid.

Now, if something is left behind concealed this house will be constantly shaken, because the accuser has what to accuse and bring condemnation into your conscience as well as before the throne of God. Then the blood of Christ cannot operate, for it only purifies what has been brought into the light, has been confessed.

Consequently, we must dig a deep trench and clean it up. It is the opportunity to bring absolutely everything into the light.

Again, be careful when bringing into the light all the things of our lives, not to leave something behind, because of fear or shame. Such thing will prevent the foundation to be in contact with the rock, Jesus Christ.

But if you will not do so, behold, you have sinned against the Lord, **and be sure your sin will find you out.**  
(Num 32:23)

## 2. Confess to whom?

- . Unto God;
- . To the one I offended;
- . To one another.

Correction: There is not take the microphone or publish in the newspaper, but seek your discipler and your companion and confess.

Some do confess, but are afraid of being exposed. What does they want preserve? Are them afraid of losing what? What happened to David 3000 years ago? We do not know how David physically looked like, but we know that he sinned and with whom he sinned. Why? Because God himself exposed him for all the ages.

### 3. There is forgiveness only for confessed sin

The blood of Jesus only purifies what is in the light. Only the confession with repent can produce healing and forgiveness.

When we concealed our sin, we are seeking our own justice. There is even the one who goes through penitence, fasting, praying, vigils etc. However, God completely rejects such things (Isa 43:24-26).

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1Jo 1:9)

There is no forgiveness only for what has not been confessed, brought into the light. Our justice is Christ. We must fear to have something hidden, but not be afraid of bringing it into the light. Confession is the healing that God has established for our conflicts.

### 4. What is the real motivation to hide sin?

If I have concealed my transgressions as others do by hiding my iniquity in my heart, because I stood in great fear of the multitude, and the contempt of families terrified me, so that I kept silence, and did not go out of doors. (Job 31:33-34)

Since Adam until now the worry to preserve our self image is our real motivation to hide faults and sins.

## Conclusion

Do not look to yourself, look to Christ Jesus - THE LIGHT OF THE WORLD! Seek your disciple and confess, open your heart. Receive the forgiveness of the Lord and be healed.